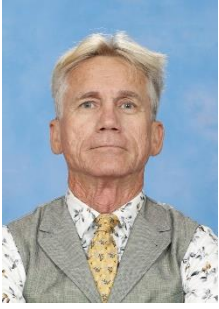




ST TERESA'S
— SCHOOL —
RAVENSHOE

FRIDAY 22ND MARCH, 2024.

Principal's Report Week 9 Term 1, 2024.



Principal's Message

Dear Parents,

As we approach the end of Term 1, 2024, I am filled with gratitude for the wonderful moments and achievements we have shared as a school community. This term has been bustling with activity and brimming with joy as we've witnessed our students grow and thrive in various aspects of their lives.

One of the highlights of this term has been the vibrant sense of community fostered during the Parish St. Patrick's Day School & Parish Fete. It was heartwarming to see our students, families, and parish come together to celebrate and support one another. Such events truly embody the spirit of unity and fellowship that defines St. Teresa's.

We've also had the pleasure of welcoming new enrolments into our school family, enriching our community with their unique perspectives and talents. Alongside our new students, we've welcomed two new school officers and another class teacher, who have seamlessly integrated into our school environment, contributing to the nurturing and growth of our students.

At St. Teresa's, we are committed to providing a holistic education that encompasses not only academic excellence but also the development of essential life skills. This term, we've placed a renewed emphasis on teaching our students the value of Christian Meditation as a lifelong mental well-being strategy. We believe that cultivating mindfulness and spiritual awareness will empower our students to navigate life's challenges with resilience and grace.

Our spiritual journey continued with our first mass of the year, where Fr. Mathew enlightened us with the teachings of Jesus, guiding us towards a fruitful and beautiful life together. We also welcomed our new leaders in Year Six, entrusting them with the responsibility of mentoring their peers and fostering a culture of leadership and service within our school community.

In addition to our academic and spiritual endeavours, our students have had the opportunity to participate in NRL coaching sessions every Monday, where they've not only honed their athletic skills but also learned valuable lessons in teamwork, discipline, and sportsmanship.

As part of our ongoing commitment to student well-being and success, our staff and community have embarked on a three-year journey with the Multi-Tiered System of Support (MTSS). This proactive framework integrates data and instruction to maximise student achievement and support their social, emotional, and behavioural needs, ensuring every child receives the support they need to thrive.

I am also delighted to share the achievements of young Max Strang, who has excelled across several rugby league codes. Max proudly represents our school at Tablelands and soon-to-be Peninsula levels. Max's dedication and sportsmanship are a testament to the values we uphold at St. Teresa's.

As we prepare to conclude the term with our cross-country event next Tuesday, I am filled with anticipation for the exciting adventures that lie ahead. However, I must also inform you that I will be taking an extended leave, and I am pleased to introduce Mrs. Katrina Miller as the Acting Principal during my absence. Mrs. Miller brings a wealth of experience and dedication to her new role, and I have complete confidence in her ability to lead our school forward.

In closing, I want to express my heartfelt gratitude to each of you for your unwavering support and collaboration. Together, we have created a nurturing and inspiring environment where every child can

flourish and succeed. I wish you all a restful and rejuvenating break and look forward to our continued journey together in Term 2.

A message from Dr Andrea O'Brien - Assistant Executive Director

Week 8 has drawn to a close, and the end of the term is rapidly approaching. If you are anything like me, the list of tasks to be achieved continues to grow without the satisfaction of being able to cross too many off the list! The urge to stop, be calm, reflect, and re-group is strong at the moment, and I am sharing with you a few random thoughts and reflections gleaned from a variety of sources over recent days:

The time of Lent has been likened to the work of a palaeontologist – the slow process of brushing away the layers of old behaviours, old issues, old worries and old mistakes to see afresh, to be able to reassess what behaviours and practices may need to be worked on, to be “spruced up” – not from the perspective of guilt, but from the perspective of growth and renewed life.

Words like “sacrifice,” “discipline,” and “self-denial” are often used to suggest that Lent is something to be endured rather than a time of grace and spiritual growth. Have you ever thought of Lent as a yearly second chance? Each year, the Church gives us six weeks to take a long, loving look at our lives to see if our values and priorities align with God’s desires for us.

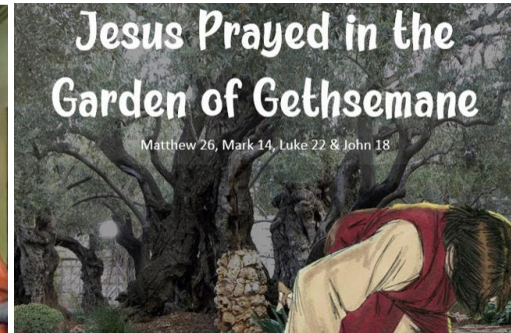
A reflection from Fr Ron Rolheiser OMI this week: Early on in his priesthood, when Pope Francis was in charge of a school, he would at a certain point each day have the public address system cut in and interrupt the work that was going on in each classroom with this announcement: “Be grateful. Set your horizon. Take stock of your day.” We all need, regularly, to lay down our burdens for a minute so our souls can catch up with us.

Best wishes for the weeks ahead, and I hope you are able to find some time to Sit.



24 March – 30 March

Holy Week
Remembrance



The image features a vibrant sunburst background in shades of orange and yellow. The words "EASTER SUNDAY" are prominently displayed in a large, serif font. "EASTER" is in a golden-yellow color, while "SUNDAY" is in white with a thin gold outline. Below the main text, a dark red banner with a scalloped top edge contains the phrase "HE IS RISEN" in a smaller, white serif font.

EASTER
SUNDAY

HE IS RISEN

What's the News?

Prep News

Subject: Shape sort and events during our days



Cross Country Tuesday 26th March.



(We encourage all families to come along and cheer for their children)

9 am Start for 5, 6 & 7-year-old children (Prep, Year 1 & Year. 2) on the back school oval – with Miss Eleanor Mabin, Mrs Sylvia Juhas, Miss Renae and Miss Jasmin. 5-year-olds will run one lap, 6-year-olds will run two laps, and 7-year-olds will run three laps around the school oval.

8.45 am – Children aged, 8, 9, 10, 11 and 12 will walk down to Rugby League Fields in Ascham Street with Miss Kristie Henderson, Mrs Katie Cole, Miss Major and Karina. (Carole will drive with water bottles etc)

The whole school will assemble on the back oval at 1.55 pm after the break and do laps around the oval for about 10 minutes, weather permitting for practice.

Each student at school is in either Cedar (Yellow) or Oak (Green). Teachers will tell the students which house they are in.

On the day of the Cross-Country, students can wear a coloured shirt (Yellow or Green) to represent their House. Students will also score points for their team. Please, no coloured hair spray for this event. They may wear coloured ribbons and colourful joggers.

If any parents can help down at the Ravenshoe Football Field can you please let Carole know. You would be just helping along the course and being a marshall.

A cross-country shield will be presented to the winning team along with medallions and certificates on Wednesday 27th March at 2.00pm in the Sports Shed.

Important Tuckshop information.



TERM 2, 2024



We need help to make the tuckshop work. Between 9 and 11 a.m. on Tuesdays, contact the school or speak directly with Anna Bevan to register your support and assistance.



LEARNING OPPORTUNITIES

The Principal's Book Pick



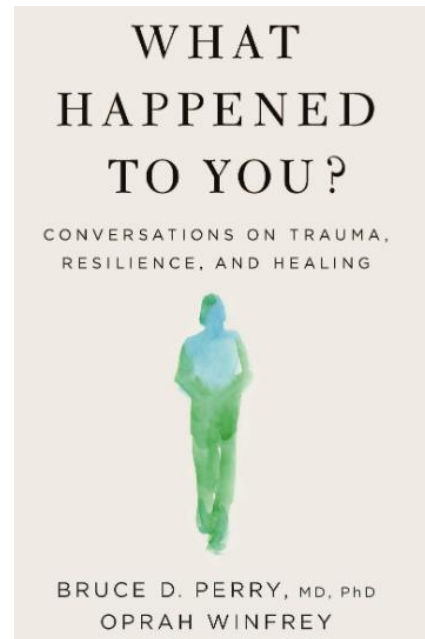
"What Happened to You?" is a poignant collaboration between renowned psychiatrist Bruce Perry and media mogul Oprah Winfrey that delves deep into the complexities of trauma and healing. This transformative book challenges the conventional narrative surrounding trauma by shifting the focus from "What's wrong with you?" to "What happened to you?"

Perry and Winfrey seamlessly blend scientific insights with personal anecdotes, creating a narrative that is both enlightening and empathetic. Through the lens of neuroscience and psychology, they explore how early experiences shape the brain and influence behaviour, offering invaluable lessons on resilience and recovery.

One of the book's most compelling aspects is its emphasis on the power of empathy and connection in healing. By sharing stories of individuals who have overcome adversity, Perry and Winfrey highlight the importance of understanding, compassion, and support in the healing process.

Moreover, "What Happened to You?" calls for individuals, communities, and institutions to adopt a trauma-informed approach to caregiving, education, and social justice. It challenges readers to reevaluate their perceptions of trauma and foster environments promoting healing and growth.



In summary, "What Happened to You?" is a groundbreaking exploration of trauma that offers hope, understanding, and practical guidance to survivors and those seeking support. It's a must-read for anyone interested in understanding the human experience and unlocking the potential for healing and transformation.



Every Child
Every Classroom
Everyday

St Teresa's Primary Ravenshoe

Life Of the School Calendar – Term 2, 2024

Month	Wk	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Apr	1	14 3 rd Sunday after Easter Mike on Leave	15 Term 2 Commences Staff Briefing – 8:10	16 Assembly	17 Staff Meeting	18 Rhymetime	19	20
	2	21 4 th Sunday after Easter Mike on Leave	22 Staff Briefing – 8:10	23	24 Staff Meeting	25 	26	27
May	3	28 5 th Sunday after Easter Mike on Leave	29	30 Assembly Lockdown Drill 1 pm	1 Staff Meeting Tablelands Cross Country	2	3 Mt Garnet Races/Rodeo weekend	4
	4	5 6 th Sunday after Easter Mike on Leave	6 	7 Assembly Staff Meeting -	8 Year 6 Camp 	9 Year 6 Camp 	10 Year 6 Camp  Mother's Day Liturgy 2 pm 	11
	5	12 THE ASCENSION OF THE LORD Mother's Day Mike on Leave	13 Staff Briefing – 8:10 Musica Viva 11.45	14 Assembly	15 Principal's Debriefing Cairns School Officer PD Day Staff Meeting	16 Senior Leadership Encounter Cairns Rhymetime	17 Senior Leadership Encounter Cairns Pentecost Mass 2 pm 	18
	6	19 PENTECOST SUNDAY	20 Staff Briefing – 8:10	21 Assembly	22 Staff Meeting	23	24 P&F Movie Night	25

								
Jun	7	26 The Most Holy Trinity Reconciliation Week (27th May - 3rd June)	27 Staff Briefing – 8:10 Reconciliation Week 	28 Assembly Fire Drill 1 pm	29 Staff Meeting	30	31 Reconciliation Week Liturgy 2 pm - First Nations.	1
	8	2 The Most Holy Body and Blood of Christ	3 Staff Briefing – 8:10	4 Assembly	5 Report Writing	6	7 Sleeping Rough 6:30pm 	8
<p><i>Ball Games and sports practice.</i></p> <p><i>Each day, Cedar House meets with the teachers in the eating area outside the Prep – Year 2 classroom and Oak on the basketball court for a 15-minute meeting to discuss sports day, team spirit, and practicing War Cries. We require our students to start from 2 pm; this will mean preparing our classrooms for home time before the commencement of the second play. Please note what afternoons we will practice our events for our Interhouse Family Fun Sports Day.</i></p> <p><i>Ball Games and sports practice should start as a school. Wednesday, Thursday, and Friday at 2.00 pm</i></p>								
	9	9 Ordinary time	10 Staff Briefing – 8:10	11 Assembly	12 Report Writing and Buddy reviewing.	13 Report Writing and Buddy reviewing.	14 Senior Leadership Intensive Cairns	15
<p><i>Ball Games and sports practice to start as a school. Wednesday, Thursday, and Friday at 2.00 pm</i></p>								
	10	16	17 Reports due to Helen and Mike. Life Education Visit (Jemma) NCCD Quality Assurance process Staff Briefing – 8:10	18 Final report checks. Life Education Visit (Jemma) Assembly	19 Final report checks.	20 Report release Rhymetime	21 Interhouse Fun Sports Day Last Day of Term 2	22

Looking to the Future in 2024

Every term in 2024 is a 10-week term.

Term 1. Monday 22 January – Thursday 28 March

School begins on Tuesday, 23 January, and the Australia Day holiday is on Friday, 26 January.

Term 2. Monday 15 April – Friday 21 June

Term 3. Monday 8 July – Friday 13 September

Term 4. Monday 30 September – Friday 6 December

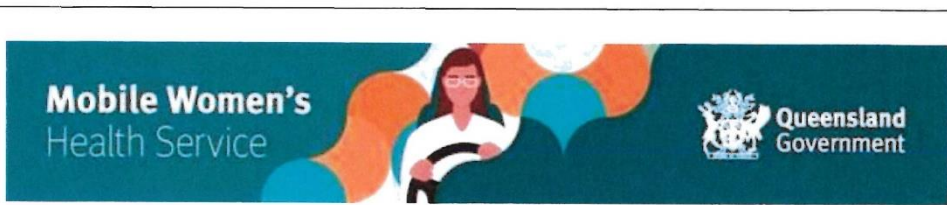
(Mr Aitken is on professional leave from 25 March to 17 May. A relief Principal will be appointed for this period.)

TUCKSHOP

THERE WILL BE NO TUCKSHOP ON TUESDAY 26th MARCH DUE TO THE CROSS COUNTRY.

THERE WILL BE SAUSAGE SIZZLE AND SLUSHY ON THURSDAY 28th MARCH.

SLUSHIES ARE NOW \$1.00



Mobile Women's Health Service

Well Womens Clinics
(These clinics are available to Medicare eligible clients)
Service includes Cervical Screening Tests (Pap Smears), Sexual Health Screening, Breast Awareness, also info on Contraception, Continence, Menopause, Lifestyle Issues, Bowel Health, etc. All services are provided by a specially trained Women's Health Nurse.

Ravenshoe-Community Health Monday 15th April 2024 Ph: 4097 6223



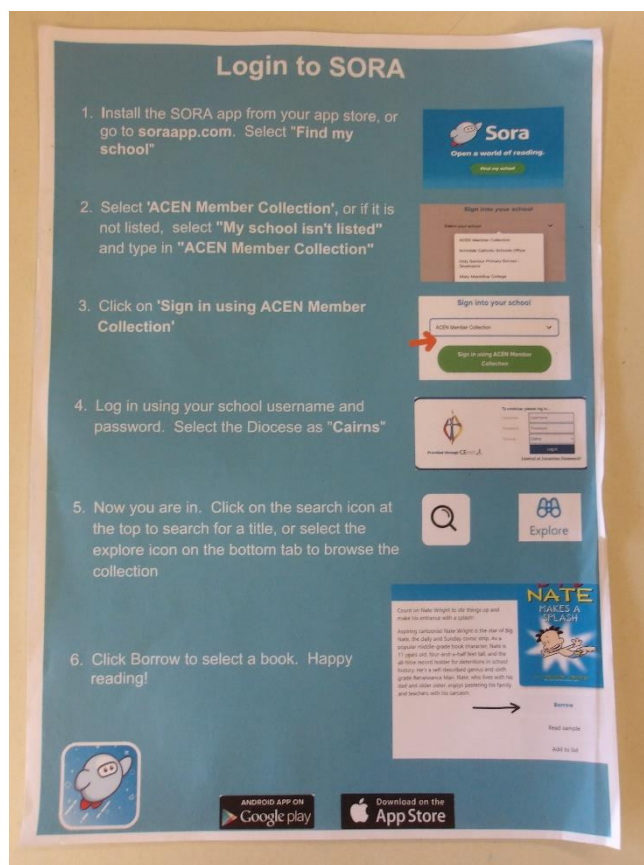
LIBRARY NEWS

Hello Everyone,

We are one week away from the end of term 1. Could everyone have a look to see if they have any school library books at home. Next week there won't be any borrowing but I would encourage students to have a go at borrowing a book from Sora (our online library). There are all kinds of books, magazines and audio books to choose

from. Instructions on how to get Sora below. It is free to join and the students use their school login details to sign in.

We should be receiving Book Club orders either today or early next week. Next week I will be able to announce the books for Readers Cup. We have a number of students in the year 5/6 class who have shown interest in trying out. All going well, we should have our team named next Thursday, the last day of term. Good luck to everyone. The team will then meet regularly and need to start reading the five chosen books for this year. Happy reading everyone.



Warm regards,

Morgan Reynolds